**Digital Appendix 3.** Some Behavioral and Physical Attributes of a Sample of 165 University Students. Data obtained from a questionnaire and from measurements. The names of the variables and what they code for are:

Gender: Male/Female

Aerobic: Response to the question “Do you do aerobic exercise on a regular basis?”

Weights: Response to the question “Do you work out with weights on a regular basis?”

Smoke: Response to the question “Do you smoke?”

Caffeine: Response to the question “Have you consumed caffeine in the past 2 hours?”

Sports: Response to the question “Have you participated in a varsity sport in the past year?”

Pulse: Pulse rate in beats per minute

Reaction: Reaction time in milliseconds